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Lamp Oil

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Lamp Oil: Used in oil lamps, torches and lanterns.

What is in it: Contains mineral oil or refined kerosene (so that it burns without soot). Usually has the viscosity or thickness of water. May have colour or fragrance added.

Is it toxic? May cause coughing, difficulty breathing and pneumonia if aspirated (or "goes down the wrong way") into the lungs.

Health Effects:

Eyes: Possible irritation

Skin: Possible irritation, redness and a dryness. Prolonged contact may cause more severe irritation.

Ingestion: Irritation to mouth and throat, possible upset stomach and diarrhea. If aspirated (or "goes down the wrong way") into the lungs may cause coughing, choking and difficulty breathing.

What to do:

Eyes: Rinse eyes with lukewarm water with one of the following methods:

- Pour a gentle stream of water from a jug or clean teapot over the eye from the inside corner by the nose, across the eye, flowing out towards the ear.
- Submerge eye in a container (bowl, sink) of lukewarm water. Have patient open and close eye.
- Eye may be irrigated in the shower if this can be accomplished without delay.
- Young children may be wrapped like a mummy in a towel with arms at side and held over sink or tub or laid on counter during flushing.

Skin: Wash skin with soap and water and rinse thoroughly.

Ingestion: Do not induce vomiting as this increases the risk of getting it into the lungs.

Rinse out mouth and drink a few sips of water or milk. **Contact the Poison Control Centre.**

How can I prevent exposure? Keep out of reach of children. Always store lamp oil in its original container. **Do not** put lamp oil into beverage containers such as water bottles.

Clean up instructions: Wear gloves when cleaning contaminated surfaces. Use a mild detergent such as dish soap.

Need more information: Call the Poison Control Centre.

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We are grateful to all the First Nations who have cared for and nurtured the lands and waters around us for all time, including the x?m??k??y??m (Musqueam), Sk?wx?wu?7mesh U?xwumixw (Squamish Nation), and s?l?ilw?ta? (Tsleil-Waututh Nation) on whose unceded and ancestral territory our centre is located.

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