



Published on *British Columbia Drug and Poison Information Centre (BC DPIC)* (<http://www.dpic.org>)

[Home](#) > [FAQs](#) > Birth Control Pill > Printer-friendly PDF

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# Birth Control Pill

## Article type:

poison information

## Access:

public



**Birth Control Pill:** The following information refers to Birth Control Pills (BCP) sold in Canada only. **BCP sold outside of Canada may contain iron.**

**What is in it?** Contains progestogen hormone with small amounts of estrogen. Used to prevent ovulation and pregnancy.

**Is it toxic?** Poisoning is not expected from a one time ingestion. Possible stomach upset.

## Health Effects:

**Ingestion:** May cause nausea and vomiting.

## What to do?

**Ingestion:** Milk or food may reduce nausea. Vomiting usually goes away without any specific treatment.

**How can I prevent exposure?** Keep out of reach of children. Return to safe storage immediately after use. Never take medication in front of children as they may imitate you.

**Need more information:** Call the Poison Control Centre.

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### Keywords:

contraceptives: oral

We are grateful to all the First Nations who have cared for and nurtured the lands and waters around us for all time, including the xʷmʷkʷyʷm (Musqueam), Skʷwxʷwʷmesh Uʷxwumixw (Squamish Nation), and sʔlʔilwʔtaʔ (Tsleil-Waututh Nation) on whose unceded and ancestral territory our centre is located.

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**Source URL (retrieved on 2025-04-16 15:16):** <http://www.dpic.org/faq/birth-control-pill>