



## Most Common Poisoning

Plants are one of the most common causes of poisoning in children. It is important that you know the names of all the plants in your home and yard.

If you do not know the name of a plant, have it identified at your nearest landscape and gardening centre. If you do not find a plant on this list, please call the B.C. Poison Control Centre or search the links at [www.dpic.org](http://www.dpic.org).

Be aware that pets may react differently to plants. Check with your veterinarian or search ASPCA Animal Poison Control Center website [www.asPCA.org](http://www.asPCA.org) for toxicity in animals.

## DO'S and DON'TS

- 1. DO** record the name of each plant you have in or around your home.
- 2. DO** keep poisonous house plants out of reach of young children. Store bulbs and seeds out of sight and out of reach.
- 3. DON'T** eat any part of an unknown plant or mushroom. Teach your children never to put leaves, stems, bark, seeds, nuts or berries from any plant into their mouths.

## What to Do for a Plant Poisoning

- ✓ Remove any remaining plant parts from mouth.
- ✓ If the victim is choking or having trouble breathing, call 9-1-1.
- ✓ Otherwise, call B.C. Poison Control Centre.
- ✓ If you are advised to go to hospital, take plant or part of the plant with you. Do not take only a single leaf or a single berry.
- ✓ If you are advised to go to a nursery to get plant identified, keep in mind that plants are usually not quickly digested so there is time to get correct identification.
- ✓ Knowing the plant name can prevent needless treatment and worry.

## About the Poison Centre

- B.C. Poison Control Centre provides telephone information 24 hours a day, seven days a week.
- Specially trained pharmacists, nurses and doctors provide treatment advice for all kinds of poisonings and poison prevention.
- You may be referred to a hospital or doctor's office, but most poisonings can be treated at home with advice from your poison control centre.
- The poison control centre can send you poison prevention pamphlets and phone stickers.

 Don't guess.  
Be sure.

B.C. Poison Control Centre

604-682-5050  
1-800-567-8911



# PLANT Awareness



## TOXIC AND NON-TOXIC Plant Information



## TOXIC PLANTS

The following plants can cause serious or life-threatening poisoning...

Castor bean  
 Death camas (*Zigadenus*)  
 Foxglove  
 Hellebore  
 Jequirity bean  
 Jimson weed (*Datura*)  
 Mushrooms  
 Oleander  
 Poison hemlock  
 Rosary pea  
 Tobacco  
 Water hemlock  
 Yew



The following plants contain a wide variety of poisons and may cause swelling of the mouth and throat, a mild stomach ache or skin rash. If eaten in large quantities, some may cause more serious poisoning. This is not a complete list.

Acorn	Jessamine (Yellow jasmine)
Anemone	Jonquil
Arrowhead vine	Laburnum
Azalea	Larkspur
Baneberry	Laurels
Bittersweet	Lily-of-the-Valley
Broom	<i>Lobelia</i>
Cactus (thorns)	Lupine
<i>Caladium</i>	Mistletoe
Calla lily	Morning glory seeds
Cherry laurel	Mother-in-Law ( <i>Caladium</i> )
Crocus, autumn	Narcissus
Daffodil	Nightshade (Woody, Black, Deadly)
Daphne	<i>Oxalis spp.</i>
Delphinium	Peace lily
Devil's club	Periwinkle
<i>Dieffenbachia</i> (Dumb cane)	Devil's ivy
Elderberry	<i>Pieris japonica</i>
Elephant's ear ( <i>Caladium</i> )	Philodendrons
English ivy	Poppy (not California)
Four o'clock	Potato-sprouts, leaves
Holly berries	Pothos
Horsechestnut	Privet
Horsetail reed	Ranunculus
Hyacinth	Rhododendron
Hydrangea	Rhubarb-not stalk
Iris (Flag)	Skunk cabbage
Ivy (Boston, English, others)	Stinging nettle
Jack-in-the-Pulpit	Tomato-vines, leaves
Jerusalem cherry	Waxberry
	Wisteria

## NONTOXIC PLANTS



The following plants are considered non-poisonous. Any plant however, may cause an unexpected reaction especially in young children. Some can cause skin rash.

African violet	Hens-and-Chickens fern
Aloe vera	Hibiscus
Aluminum plant	Honeysuckle
Aralia, False	<i>Hoya</i>
Arbutus	Ice plant
Asparagus fern	Impatiens
<i>Aspidistra</i> (cast iron plant)	Jade plant
Aster	<i>Kalanchoe</i>
<i>Aucuba japonica</i>	Lilac
Baby's tears	Lily (Day, Easter, Tiger)
Bamboo	Lipstick plant
Bird's nest fern	Magnolia
Blood leaf plant	Marigold
Boston fern	Monkey plant
Bougainvillea	Mother-in-law tongue
California poppy	Mountain ash
Camelia	Nasturtium
Carnation	Norfolk island pine
Chinese evergreen	Orchid
Christmas cactus	Oregon grape
Chrysanthemum	Palm
<i>Coleus</i>	Pansy
Corn plant	<i>Peperomia</i>
Cotoneaster	Petunia
Crab apples	Piggy-back plant
Creeping charlie	Prayer plant
Creeping jennie	Purple passion
Croton ( <i>Codiaeum</i> )	<i>Pyracantha</i>
Dahlia	Rose
Daisies	Rubber plant
Dandelion	Salal
Dogwood	<i>Sansevieria</i>
Donkey tail	Saskatoon berry
Dracena	<i>Schefflera</i>
<i>Echeveria</i>	Sensitive plant
Eucalyptus	Siberian pea tree ( <i>Caragana</i> )
Eugenia	Spider plant
Fig ( <i>Ficus</i> )	Swedish ivy
Fuchsia	Tulip-bulb
Gardenia	Umbrella tree ( <i>Schefflera</i> )
Geranium	Violets
Gloxinia	Wandering jew
Grape ivy	Yucca
	Zebra plant